

2011 Highland Dance Classes will resume MONDAY, SEPTEMBER 19th. Classes will go from 4:30 to 5:30 and 5:30 to 6:30 on Monday evenings.

Dancers are expected to be in class 10 minutes before class so they can be fully dressed and ready at their starting times. Dancers in the second, more advanced class, are expected to warm up and stretch out on their own. Barbara and Diana will work with strengthening and barre-work.

It is critical that dancers practice so that class time can be spent moving students ahead in technique and dance knowledge. Practicing also improves stamina so that dancers can concentrate on learning new steps and improving their dance technique in class.

Proper dancer attire is comfortable shorts, t-shirts and knee socks. It is preferred that dancers not wear long pants, sweat pants or running tights. Dancers also need dancing slippers. Official Highland dance slippers can be ordered online at several U-S outlets.

Black ballet slippers can be worn for practice. Hair should be pulled away from the dancer's face. Dancers should bring a water bottle and a pen and notebook to each class.

Please come to the same class level and time you attended last year. Barbara and Diana will work with you to decide which class level best suits a dancer's ability. We will try to accommodate a family's schedule but the class position recommended by the teachers will help your dancer see the most improvement.

Classes will be held at First Presbyterian Church at 300 East 2nd street. You can park in the alley behind the church or in the lot below the alley. Registration and classes will be held on the third floor...go in the door marked "gym" and go up two flights of stairs to our classroom in the church.

First session runs September 19th, 2011 through January 30th. Second session runs from February 6th through June 18th. Second session registration will be held at the start of class on February 6th. No classes will be held when DULUTH public schools are out of session or during national holidays. In inclement weather, notice of emergency class cancellation will be emailed.

When registering please provide an email address, as notification of class cancellation and dance performance schedules, will be posted via email.

(please fill in form on the next page and bring to dance class)

* PLEASE PROVIDE AN EMAIL ADDRESS*

STUDENT NAME: _____

ADDRESS: _____

_____ ZIP _____

DATE OF BIRTH: _____ TELEPHONE NUMBER: _____

PARENTS' NAMES: _____

**E-MAIL ADDRESS: _____ *

DANCING LEVEL (circle one) PRIMARY BEGINNER NOVICE
INTERMEDIATE PREMIER

F.U.S.T.A. REGISTRATION NUMBER: _____

CIRCLE THE CLASS TIME FOR WHICH YOU ARE REGISTERING:

- MONDAYS 4:30 – 5:30
- MONDAYS 5:30 – 6:30
- New Dancers should come at 4:30

FEES PER SESSION ARE:

Each Session: Individuals including DSHA membership - \$120.00

Each Session: Families including DSHA membership - \$145.00

(DSHA Membership Forms are available on request)

FEES PAID: 1st SESSION \$ _____
2nd SESSION \$ _____

QUESTIONS CAN BE DIRECTED TO:

Diana Dodge – Ddodge@duluthlaw.com

Barbara Reyelts – Breyelts@northlandsnewscenter.com